

Offered on  
selected  
weekends  
through the  
summer.

## FORAGING & FAST WATER - A Culinary Adventure

Moon Gate Bed & Breakfast has partnered with Wild Harmony Canoe Adventures and Shannon Stebelko, Red Seal certified chef and owner of Spicy Radish Café, for a unique adventure in Eastern Manitoba. Forage for wild or cultivated edibles then Shannon will guide you in a hands-on preserving experience. You'll go home with your very own jar of preserves.

Then join us on a wild canoe adventure on the Whitemouth River with our guide, Adrian Storimans. Paddling with Wild Harmony will have earned you a peaceful night's sleep. Treat yourself to a weekend of locally sourced home-cooked meals including wild edibles while kicking back in one of Eastern Manitoba's most beautiful bed and breakfasts.

**COME TOUR OUR BACK ROADS AND MAKE NEW DISCOVERIES.**

### YOUR CULINARY ADVENTURE INCLUDES:

- *Two night's accommodation*
- *All Meals*
- *Preserving experience*
- *Three hour guided canoeing adventure*



**\$325<sup>00</sup>**  
plus PST  
**PER PERSON**  
**MINIMUM 6 PEOPLE**



Moon Gate Bed & Breakfast  
Wellness Retreat